

Joshua's Cooks For You 011214

*Delicious, wholesome West Country Food -
Specially Home-cooked for You in Joshua's Kitchen*

*Celebrations, Lunch or Dinner Parties, Buffets
- or even just tomorrow's Supper!*



Meat Meals

- Beef Goulash ▲▶
- Beef in Guinness ▲▶▼
- Beef Lasagne
- Chicken Casserole ▲▶
- Chicken Pasta Bake ▲
- Cottage Pie ▲▶
- Eastern Casserole Lamb ▲▶▼
- Fisherman's Bake ▲
- Moroccan Chicken
- Pork and Apricot Casserole ▲▶▼
- Salmon Bake ▲
- Venison Casserole ▲▶▼
(Seasonal)
- Winter Pie with Venison ▲▶
(Seasonal)

Vegetarian Meals

- Almond and Sesame Nut Roast ▲▶◀
- Cheese and Lentil Loaf ▲▶◀
- Cheese and Nut Roast ▲◀
- Chestnut and Cranberry Roast ◀
(Seasonal)
- Harvest Pie ▲◀
- Hazelnut and Courgette Bake ▲▼◀
- Kidney Bean and Vegetable Gratin ▲▶◀
- Leek and Tomato Croustade ▲◀
- Macaroni Cheese ▲◀
- Mediterranean Cassoulet ▲◀
- Red Dragon Pie ▶▼◀■
- Rice and Vegetable Bake ▲◀
- Vegetable Tagine with Apricots ▲▶▼◀
- Vegetable Lasagne ◀

**Allergy Advice: Please ask to see the ingredients
if you have a need for allergy advice**

Key to Symbols

- ▲ = Sugar Free
- ▶ = Gluten Free
- ▼ = Dairy Free
- ◀ = Suitable for Vegetarians
- = Suitable for Vegans

Burgers

- Hazelnut Burgers ▲ ◀
- Lentil and Mushroom Patties ▲ ◀
- Mushroom and Bean Burgers ▲ ◀
- Salmon Fishcakes ▲
- Spicy Bean Burgers ▲ ◀

Pasties

- Corn Parcels ◀
- Vegetable Pasty ▲ ◀
- Beef Steak Pasty ▲
- Cheese and Onion Pasty ▲ ◀
- Curried Vegetable Pasty ▲ ◀

Savoury Pies

- Chicken, Ham and Mushroom Pie ▲
- Beef and Guinness Pie ▲
- Chestnut Pie ▲ ◀
- Chestnut and Cranberry Pie ◀
- Chicken Mushroom Filo Pie ▲
- Homity Pie with Sundried Tomato ▲ ◀
- Homity Pie with Spinach ▲ ◀
- Mixed Game Pie ▲
- Pork, Stilton and Apple Pie ▲
- Red Lentil & Pepper Flan ▲ ◀ ▼ ◻
- Roasted Vegetable Flan ◀
- Spinach and Feta Filo Pie ▲ ◀
- Leek and Walnut Filo Pie ▲ ◀
- Turkey and Cranberry Pie

Soups

- Butternut Soup ▲ ▶ ▼ ◀ ◻
- Carrot & Coriander Soup ▲ ▶ ▼ ◀
- Celery, Leek and Lentil Soup ▲ ▶ ▼ ◀ ▼ ◻
- Country Vegetable Soup ▲ ▶ ▼ ◀ ◻
- Curried Parsnip Soup ▲ ▶ ▼ ◀ ◻
- Leek and Potato Soup ▲ ▶ ▼ ◀ ◻
- Minestrone Soup ▲ ▼ ◀ ◻
- Spiced Lentil Soup ▶ ◀ ▼ ◻
- Sweet Potato ▲ ▶ ▼ ◀ ◻
- Tomato & Basil ▲ ▶ ◀ ◻
- Tomato and Lentil Soup ▶ ▼ ◀ ◻
- Tuscan Bean Soup ▲ ▶ ◀ ◻

Salads

- Bean Salad ▶ ▼ ◀ ◻
- Brown Rice Salad ▶ ▼ ◀ ◻
- Coleslaw ▶ ◀
- Pasta Salad ▼ ◀ ◻
- Potato Salad ▶ ◀
- Red Cabbage, Apple & Sunflower Seed Salad ▶ ▼ ◀ ◻
- Tabouleh ▲ ▼ ◀ ◻

Quiches

- Asparagus Quiche (Seasonal) ▲ ◀
- Cheese and Tomato Quiche ▲ ◀
- Courgette Quiche ▲ ◀
- Courgette and Broccoli Quiche ▲ ◀
- Quiche Lorraine ▲
- Mushroom Quiche ▲ ◀
- Mushroom and Leek Quiche ▲ ◀
- Provençale Quiche ▲ ◀
- Salmon and Spinach Quiche ▲
- Spinach Quiche ▲ ◀

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Savoury Slices

Beef and Guinness Slice ▲
Cheese and Leek Lattice ▲ ◀
Mushroom Plait ▲ ◀
Sausage Roll ▲
Sausage Plait ▲
Turkey and Cranberry Slice

Sweet Pies and Tarts

Apricot Frangipane ◀
Apple Pie ◀
Apple and Apricot Pie ◀
Apple and Mincemeat Pie ◀
Apple and Pear Pie ◀
Apple and Plum Pie ◀
Apple and Rhubarb Crumble ▼ ◀ ◻
Apple and Treacle Tart ◀
Autumn Fruit Tart ◀
Bakewell Tart ◀
Bread Pudding ◀
Chocolate Almond Torte ◀
Pecan Pie ◀
Tarte au Citron ◀
Treacle Tart ◀

Sweet Slices

Almond Slice ◀
Apricot & Apricot Flapjack ▼ ◀ ◻
Chocolate and Walnut Brownies ◀
Chocolate Flapjack ▼ ◀ ◻
Clotted Cream Flapjack ◀
Date Flapjack ▼ ◀ ◻
Easter Biscuits 2's (Seasonal) ◀
Plain Flapjack ▼ ◀ ◻
Hot Cross Buns (Seasonal) ◀
Mince Pies (Seasonal) ◀
Chocolate Muffin ◀
Apricot Muffin ◀
Rock Cakes ◀
Cheese Scones ▲ ◀
Fruit Scones ◀
Plain Scones ◀
Roy's Rascals ◀
Shortbreads ◀
Saffron Buns ◀

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Breads

White Rolls ◀

Malthouse Rolls ◀

Cakes

Apricot and Almond Madeira Cake ◀

Blackcurrant Madeira Cake ◀

Carrot Cake ◀

Chocolate Cake ◀

Date, Ginger, Sugar and Fat Free Cake ▲◀

Devon Apple Cake ◀

Fruit Tea Bread ◀

Gingerbread ◀

Lemon and Caraway Cake ◀

Luscious Lemon Cake ◀

Oozy Orange Cake ◀

Sticky Toffee Pudding ◀

Sugar Free Sultana Cake ▲◀

Vegan Fruit Cake ▲▼◀■

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Long Keeping Cakes

Brandy Pound Cake ◀

Christmas Cake ◀

Dundee Cake ◀

Farmhouse Fruit Cake ◀

Hunting, Shooting and Fishing Cake ◀

Iced Christmas Cake ◀

Light Fruit Cake ◀

Rich Fruit Cake ◀

Simmell Cake ◀

Lemon Whisky Cake ◀

To Order

Simply telephone us on **01404 815473** or discuss your requirements. Please call at least 24 hours in advance as we are not always able to make every dish, every day.

Sizes

Cakes are sold in 1lb loaf tin size
Keeping Cakes are sold by weight
Meals and Puddings are in 3 sizes -
Family, Large and Medium
Pies and Tarts are in 4 portion sizes

Price Guide

Generally our price structure is:

Loaf Cakes - **£3.49 - £4.25**

Sweet and Savoury Pies - **£3.25 - £5.49**

Vegetarian Meals M **£3.49 - £3.95**

L **£4.75 - £5.25**

Meat Meals M **£4.49-£4.75**

L **£5.95-£6.75**

Soup from **£1.95** a pot

Burgers from **£1.25** each

Quiches from **£3.25**

Joshua's Opening Hours

Monday to Saturday 9am – 6pm

Sunday 10.30am – 4.30 pm

Joshua's Harvest Store, Gosford Road, Ottery St Mary, EX11 1NU

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